

Therapeutic Riding

An equine-assisted activity that improves balance, joint mobility, coordination, muscle tone and posture, and it can ease symptoms of a wide variety of disabilities including brain injuries, multiple sclerosis, hearing or visual impairments, muscular dystrophy, cerebral palsy, learning disabilities, Down syndrome, and cardiovascular disease. Plus, it's great for helping students improve motor skills, self-esteem, concentration and problem-solving abilities.

